



Sharing the Good News

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Ready, Set . . . I Do!

Romance and destiny will only take you so far; life doesn't always teach us how to be married. Couples need to prepare for their lifetime together.

Ready, Set ... I Do! is an engaging approach to marriage preparation combining practical knowledge with God's plan. In these workshops, couples will learn relationship building tools while gaining insight into themselves and each other in an open, honest and humorous manner.

Our program uses presentations, videos, exercises, skits and dialogue that challenge couples to reflect upon their relationship. Facilitators Whitethunder & Tanya Gomez create opportunities for couples to talk with each other about difficult topics they might not otherwise feel comfortable addressing.

Participants will not be asked to share their personal experiences with anyone other than their future husband or wife.

Ready, Set ... I Do! Is the initial phase in a life-long journey of relationship education available at The Good News Center.



The first workshop series will be held on Saturday October 8, 15 and 22. Each series includes materials and meals corresponding to session times. For more information, contact Tanya at 735-6210 or tanya@thegoodnewscenter.org.

More about our programming on page 4.

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Family Movie Night

Saturday, August 27—6:30PM, movie at dusk

Family **Outdoor** Movie Night—**FREE**

Featuring: **Tangled** - 'When the kingdom's most wanted-and most charming-bandit Flynn Rider hides out in a mysterious tower, he's taken hostage by Rapunzel, a beautiful and feisty teen with 70 feet of magical, golden hair. Flynn's curious captor, who's looking for her ticket out of the tower where she's been locked away for years, strikes a deal with the handsome thief and the unlikely duo sets off on an action-packed escapade.'

Come early to roast marshmallows by our campfire, sing songs with Sean Clive, spike a volleyball or throw a slam dunk!

Hot dogs, popcorn and other refreshments will be provided, but you can bring your favorite snacks to share.

All families are invited to join us. Bring your kids, grandkids, lawn chairs and blankets! This will be a great night of family fun for all.

Message from Mike



When Jesus walked on this earth over 2,000 years ago, His message of love taught us how to be “in relationship” with each other. Pretty simple, yet it contradicts the world’s message of “me first”. It’s not always easy to be “in relationship”. That’s why the Good News Center is trying to teach the relationship skills that Jesus wants us to use.

At each step of the life cycle, the Good News wants to help. Please take the time to read about these life cycle programs.

Ready, Set ... I Do! is a dynamic, new program that helps prepare couples for that special union that lasts a lifetime. **GriefShare** is a new program that allows individuals to heal

from the loss of a loved one. We continue with **The Third Option** and **Retrouvaille** to strengthen and heal marriages. **Separated & Divorced** offers encouragement to those suffering from a failed marriage. All of these programs offer hope to those who live in a sometimes hopeless world. We are also planning to bring back “Good News Luncheons” later this fall to offer individuals spiritual renewal and an opportunity to grow closer to God.

I want to thank our Board, staff, volunteers and donors who make it all possible. We wish you a happy, healthy and holy summer and look forward to seeing you soon.

- **Mike Buckley**, Executive Director

Mike’s Pick:
The Prayer of Jabez
I Chronicles 4:10

Staff Pic

Favorite Inspirational Quotes



“This is the day the Lord has made, let us rejoice and be glad in it.” - Psalm 118:24

Betty Petkovsek
Administrative Associate



“Life is 10% what happens to you and 90% how you react to it.”
- Charles R. Swindoll

Michelle Holliday
Accounting & Operations Manager



“I can do all things through Christ who strengthens me”
- Philippians 4:13

Paul Haley
Building & Grounds Supervisor



“Be not afraid. I go before you always.”
- Isaiah 43:5
“Come follow me and I will give you rest.” - Matthew 12:28

Tanya Gomez
Program Coordinator



“Be faithful in small things because it is in them that your strength lies” - Mother Teresa

Nancy Kneller
Event & Volunteer Coordinator



“Life isn’t about finding yourself. Life is about creating yourself.”
- George Bernard Shaw

Megan Crandall
Marketing & Communications Associate



“Let there be peace on earth”
- The Prayer of St. Francis

Chris Chiffy
Building & Grounds



“Peace is not the absence of conflict but the presence of God” - Unknown

Andrea Buckley
Program Coordinator



Retrouvaille Weekend

In our society, with the pressures of conflicting demands and too little time, personal relationships are often taken for granted. With all the distractions, we easily forget that strong, loving, healthy relationships take work.

Without attention and care, marriages wither. Couples slowly and quietly drift apart or are being torn apart by terrible words and actions. For many, it has been ages since they knew the joy of a loving relationship. When infidelity, alcohol abuse or drug dependency are involved, the situation may seem even more hopeless.

Retrouvaille is helping couples to put the pieces of their marriage back together and rebuild loving relationships. If you're hurting in your marriage or considering separation or divorce, we believe Retrouvaille can help.

A Retrouvaille Weekend will be held at The Good News Center from Friday, September 23 to Sunday, September 25. Visit our website or call 735-6210 to register.

GriefShare

If you've lost a spouse, child, family member or friend, you've probably found there are not many people who understand the deep hurt you feel. This can be a confusing time when you feel isolated and have many questions about things you've never faced before. It may be hard for you to feel optimistic about the future right now.

GriefShare support groups meet weekly to help you face these challenges and move toward rebuilding your life.

GriefShare is designed to be a caring group of people who will walk alongside you through one of life's most difficult experiences. The group is led by Margaret Castellini, who understands from personal experience what you are going through. You'll gain access to valuable resources to help you recover from your loss and begin to move forward.

GriefShare will be held Tuesday evenings from 6-7:30PM from September through November.

Common Sense Parenting



Common Sense Parenting (CSP) is a practical, skill-based parenting program that can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision making, relationships, self-control and school success. Facilitator, Melissa Kehler, helps parents learn these strategies through a combination of CSP enhanced by her own parenting experiences!

Winner of The National Parenting Center Seal of Approval, **Common Sense Parenting** shows parents how to approach discipline as positive teaching rather than punishment of their children. Parents also learn how to help children solve problems, reach goals and practice new social skills.

Our next CSP series will be held Sunday evenings from 4-6:00PM on Sept. 11, 18, 25 and Oct. 2, 9, 16.

Conflict Resolution for Third Option & Retrouvaille alumni

Conflict Resolution teaches skills and action plans to help couples understand their behavior in conflict and develop a more creative response.

Understanding starts with self-awareness. Facilitators break down the sources of conflict and behavior patterns. Alternative responses are discussed to promote Win-Win outcomes.

This program is designed for those who have attended The Third Option or Retrouvaille.

This day-long program is led by a team of facilitators using video clips, presentations and interactive exercises.

The next Conflict Resolution workshop for past **Third Option** and **Retrouvaille** attendees will be held Saturday, November 12 at The Good News Center.

The Art of Marriage

Your marriage and the marriages around you are colored by personalities, passions and experiences. Making marriage work is a divinely inspired art form.

This video event weaves together expert teaching, engaging stories, interviews, humorous vignettes and much more to portray both the challenges and the beauty of God's design for marriage.

The Art of Marriage consists of six video sessions and an accompanying manual that provide couples with projects to help apply the principles taught during each session. The manual is also designed for couples to use after the event by offering articles, date night ideas, and useful tips for continuing to strengthen their marriage.

COMING SOON
SPRING 2012



The Third Option

Many of us manage marriage as a choice between his way and her way. These options tend to be extremes. With **The Third Option**, you can learn how to break through the clutter of past baggage and misunderstandings to meet in the middle of a healthy and loving relationship.

This on-going program meets every other week on Sundays from 6:30-8:30PM. Sessions cover 14 different topics, such as *Learning How to Fight Fair* and *Rebuilding Trust*. Each session stands on its

own so couples or individual spouses may begin attending at any time.

The Third Option offers a comprehensive set of tools couples can use to develop better understanding, sensitivity and trust while learning more effective communication and listening skills.

Visit www.thegoodnewscenter.org and click on our Event Calendar to view a complete list of upcoming dates and topics.

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twitter.com/TheGoodNewsCNY

[linkedin.com/company/the-good-news-center](https://www.linkedin.com/company/the-good-news-center)



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Special Edition!

Check out the good news for this
summer and what's coming in the fall!

Our Mission:

To share the love of Jesus Christ through
hospitality, spiritual renewal and the
support of parish and family life.

A Transformation at the Center

Our Newsletter has undergone a
transformation, and so have we.

The Good News Center



**Helping Families
Touching Lives**

Just as we recognize the
importance of growth in
ourselves and our relationships,
we continue to grow our
organization with new staff, new
programs and a new look.

Our mission and goals are the
same, but this is the beginning of
a new era of growth for us. We
have a new logo that better
represents the Center touching
lives of families through our
programming and support. With
our new logo came a new look
for our newsletter, annual report,
social media and coming this fall a
new website design.

We are always trying to improve
and better serve our community.

We would like to hear what you think
about our make-over! Please feel free to
leave a comment on our Facebook,
Twitter, LinkedIn or send us an email at
info@thegoodnewscenter.org with any
suggestions of what you'd like to see in
upcoming newsletters.

